



## **Wound Care Instructions: Liquid Nitrogen**

- **What to expect the first few days:**  
The skin will become red within minutes of the procedure and may swell. By the evening or the next day, a blister may form. With or without a blister, the area will become dry and form a crust, which will fall off—typically one week for the face and 10-14 days elsewhere. Do not forcibly peel the skin as it will increase the risk of scarring. Sometimes large blisters will form, which is normal.
- **How to care for the skin:**  
Gently wash the area with soap and water every day. Apply a layer of petrolatum (Vaseline) or Aquaphor to the area. For the best cosmetic result, apply sunscreen daily to the treatment area.
- **Long term side effects**  
Liquid nitrogen has a small risk of leaving a scar. If more aggressive treatment is required, your Dermatologist will inform you of a higher risk of scar prior to obtaining your consent to treat. In some people, the treatment area will darken temporarily (generally we try to avoid using liquid nitrogen if we anticipate this happening.)
- ANY QUESTIONS OR CONCERNS CALL OUR OFFICE AT (541) 452-0180.